



William & Mary Alumni Association &  
Keytours Vacations Present:

# 13 Day Walking Tour - Footsteps and Flavors of the Way of Saint James

Led by Author Yosmar Martinez

September 28 - October 11, 2018



**\$2,775**  
per person, double occupancy  
**\$725**  
single supplement  
(land only)

## Included Highlights

- 12 nights First Class & Superior Tourist Class accommodations
- Group arrival and departure transfers
- Breakfast daily, 2 lunches, 2 dinners
- Touring by modern air-conditioned motor coach
- English-speaking tour guide in León and Santiago
- Luggage handling and entrance fees
- Local taxes and service charges

## Accommodations

- Madrid– 4 Star Tryp Atocha Hotel (1 night)
- León – 4 Star Nh Plaza Mayor (1 night)
- Astorga – 3 Star Astur Plaza Hotel (1 night)
- Ponferrada – 4 Star Aroi Hotel Ponferrada (1 night)
- Villafranca – 3 Star Parador de Villafranca (2 nights)
- Sarría – 4 Star Alfonso IX Sarria (4 nights)
- Santiago – 5 Star Parador Reyes Catolicos (2 nights)

## Exclusions

- International round-trip airfare
- Customary tips
- Personal expenses
- Optional travel insurance

### Contact Info

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# Detailed Itinerary

## Day 1: Sat, Sep 29, 18 - Madrid - Arrival

Upon arrival at Madrid Airport, you are met by our local representative and transferred to your hotel in the city center. The remainder of the day is at leisure. In the evening, gather for a welcome dinner at your hotel. Overnight in Madrid. **(D)**

## Day 2: Sun, Sep 30, 18 - Madrid - Leon

After breakfast at your hotel, travel to Leon by coach. After check-in at your hotel, experience a guided sightseeing tour of Leon during which you will see many of the city's most important sights and visit its stunning Gothic Cathedral and the Romanesque Basilica de San Isidro. Overnight at your hotel in Leon. **(B)**

## Day 3: Mon, Oct 1, 18 - León - Hospital de Órbigo - Astorga

After breakfast at your hotel, travel by coach to the town of Hospital de Orbigo. See the Roman Puente de Obrigo bridge and walk about 10 miles along the Way of St. James to Astorga. The afternoon is at leisure. Astorga is home to the fine Cathedral of Santa Maria and the Episcopal Palace designed by Antoni Gaudi; you can also visit the chocolate museum on your own. Overnight at your hotel in Astorga. **(B)**

## Day 4: Tue, Oct 2, 18 - Astorga - Cruz de Ferro - Molinaseca - Ponferrada

After breakfast at your hotel, travel by coach to Cruz de Ferro (the Iron Cross) - it is traditional for pilgrims to carry a stone to leave at the base of the cross. From Cruz de Ferro, descend on foot to the small village of El Acebo, and then continue walking to Molinaseca to arrive close to lunchtime, across a distance of about 10 miles. Continue by coach to nearby Cacabelos for lunch at a local restaurant. The remainder of the day is at leisure. Overnight at your hotel in Ponferrada. **(B,L)**

## Day 5: Wed, Oct 3, 18 - Ponferrada - Las Médulas - Camponaraya - Villafranca del Bierzo

After breakfast at your hotel, enjoy a morning tour of Las Medulas, which was once the largest open pit gold mine in the Roman Empire, which employed a hydraulic mining technique that left behind spectacular landscapes, a UNESCO World Heritage Site. Continue by coach to Camponaraya. Walk about 10 miles from Camponaraya to Villafranca del Bierzo at the foot of the Montes Aquilanos range. Overnight in Villafranca del Bierzo. **(B)**

## Day 6: Thu, Oct 4, 18 - Villafranca del Bierzo - Pedrafita do Cebreiro - Triacastela

After breakfast at your hotel, travel to Pedrafita do Cebreiro by coach. Visit Las Pallozas, historic stone houses of Celtic origin, and the church of Saint Benedict, built on the remains of a pre-Romanesque church. Continue by coach past the "Alto de Pollo", the highest point on the Camino de Santiago. Walk about 8 miles from here to Triacastela, arriving in time for lunch. Return to Villafranca in the evening for an overnight stay. **(B,L)**

## Day 7: Fri, Oct 5, 18 - Triacastela - Monastery of San Xulián de Samos

After breakfast at your hotel, return to Triacastela and walk about 6 miles to the Royal Monastery of San Xulian de Samos, an active Benedictine monastery founded in the 6th century. Experience a guided tour of this important stop along the Camino de Santiago, and enjoy lunch at a local restaurant. Continue to your hotel in Sarria for a special dinner followed by an overnight stay. **(B,L,D)**

## Day 8: Sat, Oct 6, 18 - Sarria - Portomarín

After breakfast at your hotel, travel by coach from Sarria and stop at the Romanesque church of Santiago in Barbadelo. Walk about 8.5 miles from Peruscallo to the town of Portomarin. From Portomarin, continue by coach to Sarria for an overnight stay. **(B)**

## Day 9: Sun, Oct 7, 18 - Sarria - Palas de Rei

After breakfast at your hotel, travel by coach to the town of Hospital de Cruz. Walk through eucalyptus forests towards Palas de Rei, about 8.5 miles. Return to your hotel in Sarria for an overnight stay. **(B)**

## Day 10: Mon, Oct 8, 18 - Palas de Rei - Arzúa

After breakfast at your hotel, walk through beautiful countryside until reaching the town of Melide, famous for its Polbo a Feira - tender boiled and seasoned octopus which we of course will taste. Return to your hotel in Sarria for an overnight stay. **(B)**

## Day 11: Tue, Oct 9, 18 - Arzúa - Santiago de Compostela

After breakfast at your hotel, travel by coach to the town of San Paio to begin the final walk to Santiago de Compostela. Arrive to Santiago in time for the Pilgrim's Mass. Experience an afternoon tour of Santiago and a visit to the Cathedral. Overnight at your hotel in Santiago. **(B)**

## Day 12: Wed, Oct 10, 18 - Santiago de Compostela - Free Day

Breakfast at your hotel. The long pilgrimage merits time well spent in Santiago de Compostela, and today you have a full day at leisure to continue exploring the city at your own pace. In the evening, gather for a farewell dinner and overnight at your hotel in Santiago. **(B,D)**

## Day 13: Thu, Oct 11, 18 - Santiago de Compostela - Departure

After breakfast at your hotel, you are transferred to the airport at the appropriate time to board your return flight home. **(B)**



**Yosmar Monique Martinez**

Yosmar Monique Martinez is a cookbook author and culinary instructor who believes everyone has the ability to create a memorable meal. From a very early age and as a result of having lived in four countries by the age of nine, her love for all things food have permeated her travel experiences and helped her develop an inherent culinary curiosity.

After obtaining undergraduate and graduate degrees in economics and in business administration, she attended Le Cordon Bleu in Paris and interned at Pierre Hermé Paris. Upon graduation, she decided to focus on teaching as she enjoys sharing knowledge with others. It was this desire to share, after walking the Camino de Santiago, which led her to write Tastes of the Camino, a recipient of a Best in the World Gourmand Cookbook award.

She is very active in the Camino community, having walked the Camino de Santiago four times as well as the Kumano Kodo, an ancient pilgrimage route in Japan. In addition, she is a board member of American Pilgrims on the Camino, founded the South Florida chapter of the organization, and has volunteered at the Pilgrim's Office in Santiago multiple occasions.